##

**SCOTTISH AMATEUR SWIMMING ASSOCIATION**

**WEST DISTRICT OPEN WATER SWIMMING CHAMPIONSHIPS 2024**

Held under SASA/World Aquatics Regulations\*

World Aquatics open water wet suit rules apply.

See information on web site on SASA West District

Incorporating**: Part of the 2024 Scottish Open Water Relay Grand Prix Series**

**Loch Venachar Sailing Club, Callander – Saturday, August 10th, 2024**

**Morning Registration:** 09.15-09.45 (4km and 1km)

**Briefing Times:** 10.00 (4km and 1km)

**Races Start: 10.45 (4km), 12.00 (1km)**

**Event 1: 4km Championship (Senior Male and Female Trophy ) Entry Fee: £22.00**

Entrants must be aged 13 or over. **Categories: 13/14yrs, 15/16yrs, 17 to 24 years, Masters (age adjusted)**

**Event 2: 1km Championship Entry Fee: £12.00**

Entrants must be aged 11 or over. **Categories: 11-12yrs, 13yrs and over**

**Afternoon Registration:** 12.45-13.15 (2km and Relays)

**Briefing Times:** 13.30 (2km and Relays)

**Races Start: 14.15 (2km), 15.15\* (Relays)**

**Event 3: 2km Championship (Junior Male and Female Trophy) Entry Fee: £17.00**

Entrants must be aged 13 or over. **Categories: 13/14yrs, 15/16yrs, 17 to 24 Years, Masters (age adjusted)**

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**Event 4: Team Relay Race (Relay Grand Prix) Entry Fee: £25.00**

Entrants must be aged 10+yrs. Mixed Teams of 4 swimmers 2 male and 2 female from same Scottish Swimming/World Aquatics affiliated club. This will be swum as a medley relay all 4 strokes ( not freestyle) and will be 200M for each stroke.

**Entries:**

Entries files for Scottish Swimming members are Scottish Swimming members are on the SS Open Water Section, Events, or on the SASA West District Open Water Section

You should submit the entry to Robert Taylor at openwater@scotswimwest.co.uk to arrive before the deadline.

* All competitors must be SASA registered (or if from England, Wales or Northern Ireland registered as long as they are WA affiliated with the appropriate World Aquatics governing body).
* Entry is open to swimmers who are not currently members of the SASA or another governing body providing they submit an application for temporary membership and pay an additional fee of £10. Please email openwater@scotswimwest.co.uk for information and the link if you cannot access this from the West District or Scottish swimming web page.
* Entry is open to swimmers who are members of Swim England, Swim Wales or Swim Ireland but this cannot be done online. Please email openwater@scotswimwest.co.uk for information and forms.
* A club-entry can be submitted using the same entry form. Just list all club swimmers and submit as a club entry.
* Entry data will be held in accordance with Scottish Swimming Policy. Medical information is under the control of Scottish Swimming and may be used by safety and first aid teams on the day.
* Swimmers can only represent one club on the day.
* Entry fees are refundable should the event be cancelled due to Covid-19.or any other reason.

### Conditions

* Swimmers may be required to submit to a medical examination prior to the event.
* The Organising Committee reserves the right not to accept entries from swimmers who they believe may not be capable of completing the event or who have not completed the webinar pre-briefing.
* Competitors must wear swimming caps provided.
* Cut off times will apply as follows; 4km – 2 hours, 2km – 1 hour, 1km Event – 35 mins. Competitors still swimming on expiry of these times will be required to leave the water without completing the race.
* The organisers reserve the right to change the proposed event programme at any time.
* The promoter, or any affiliated body, cannot be held responsible for any loss or damages to personal belongings.

### Notes

* Event will be held at the Loch Venachar Sailing Club, Callander, FK17 8HP. See <https://www.loch-venachar-sc.org.uk/> for directions and facility information.
* Age as at 31/12/24 will apply.
* Attendance at briefings is compulsory
* In each category, medals will be presented to the first to third swimmer (gold, silver, bronze) in each category (temporary members are eligible for open medals) and the West District Champion (gold). Relay medals will be awarded to teams in the same way. In the Master’s event, all times will be ‘handicapped’ to allow for the swimmer’s age.
* Trophies will be awarded for top West District Senior Male, Senior Female 4km, Junior Male and Junior Female 2km.
* Times \* above are approximate.
* Safety provision will be provided in partnership with Open Water Rescue..
* If there are any questions on the information provided then please contact**openwater@scotswimwest.co.uk** **.**

**CLOSING DATE: 10pm SUNDAY 21st July 2024**