



REN 96 SPRINT PENTAQUA Meet 24th AUGUST 2024 – Licence Number: **WD/L3/038/0824**

Date: Saturday 24th August 2024

Venue: On-X Linwood
Brediland Road, Paisley PA3 3RA

Pool: 6 lane 25m pool, anti-wave lane ropes, limited spectator seating.

Age: **Age on the day (24th August 2024)**

Format: **Saturday afternoon will focus on swimmers aged 7 – 12 years.
Saturday evening will focus on swimmers aged 13+ years**

Age groups/events:

Saturday afternoon- 7-12 years

7/8 25m on all strokes + 100m IM

9/10 50m on all strokes + 100m IM

11/12 50m on all strokes + 100m IM

**12 and under- 4x50 mixed Free
4x 50 mixed Medley Relay**

Saturday evening – 13+ years

13 years 50m on all strokes + 100m IM

14 years 50m on all strokes + 100m IM

15 years 50m on all strokes + 100m IM

16+ years 50m on all strokes + 100m IM

**13/14 and under- 4x50 mixed Free
4x 50 mixed Medley Relay**

**15+ 4x50 mixed Free
4x 50 mixed Medley Relay**

Number of heats will be limited to ensure the smooth running of the competition. Heats will be swum slowest to fastest. Entries will be accepted on time basis.

Closing date: **Thursday 1st August 2024 at 12 noon**

Entry: Submit times on Hy-Tek. Available on request from:
ren96comp@gmail.com

Entry fee: **7-8 YEARS – PENTAQUA ENTRY TO ALL 5 EVENTS - £22
9-12 YEARS – PENTAQUA ENTRY TO ALL 5 EVENTS - £30
13+ YEARS - PENTAQUA ENTRY TO ALL 5 EVENTS - £30**

Relay £10 per team.



- Coaches pass: Please see below for information on how to apply for coach/team manager passes.
- Payment: Payable by bank transfer to **REN 96**
Sort code 80-91-27 Account number 00149706
- Entry information: Please complete and submit entry information using the form provided below:
- Parking: Sufficient parking is available immediately outside the On-X Leisure Centre
- Spectating: Spectating will be available at this competition. Small entry fee payable on the day.
- Awards: Medals for 1st to 3rd places in both age groups for all events. Overall award for 1st to 3rd in each age group for overall Pentaqua award.
- Marshalling: Swimmers must report to the marshalling area a **minimum of 6 heats** prior to their scheduled swim. It is the responsibility of the competing squads to ensure their swimmers report to the marshalling area on time. Swimmers who report late to marshalling may be replaced by reserve swimmers at the discretion of the referee.
- Spare lanes: REN 96 Swim Team reserves the right of spare lanes if available.
- Withdrawals: Withdrawals will be processed up until 45 minutes prior to the start of each session. However, no refunds will be provided for any withdrawals that are submitted after Thursday 8th August 2024 @ 5pm
- Refunds: Fees for rejected entries will be returned as soon as possible after the event to the same bank account used to submit entry fees initially.
- Reserve Swims: Reserve swimmers are expected to arrive at marshalling at the beginning of each event where swims will be allocated appropriately. Reserve swimmers who do not wish to be considered should be withdrawn on the day.



Order of events:

Saturday Afternoon-

Warm up- 1.10pm-1.55pm

- 101- Mixed 4x50m Medley Relays
- 102- Mixed 7-12yrs- 100m Individual Medley
- 103- Mixed 7/8yrs - 25m Butterfly
- 104- Mixed 9-12yrs- 50m Butterfly
- 105- Mixed 7/8yrs - 25m Backstroke
- 106 - Mixed 9-12yrs- 50m Backstroke
- 107- Mixed 7/8yrs- 25m Breaststroke
- 108- Mixed 9-12yrs 50m Breaststroke
- 109- Mixed 7/8yrs- 25m Freestyle
- 110- Mixed 9-12yrs 50m Freestyle
- 111- Mixed 4x50m Freestyle Relays

Saturday Evening-

Warm up- 5pm – 5.45pm

- 101- Mixed 4x50m Medley Relays
- 102- Mixed 13+yrs- 100m Individual Medley
- 103- Mixed 13+yrs- 50m Butterfly
- 104 - Mixed 13+yrs- 50m Backstroke
- 105- Mixed 13+yrs 50m Breaststroke
- 106- Mixed 13+yrs 50m Freestyle
- 107- Mixed 4x50m Freestyle Relays



REN 96 Swim Team **SPRINT PENTAQUA** Meet – Saturday 24th August 2024
SUMMARY SHEET

Please return this form along with meet entry files and payment.

Club:

Contact Name:

Address:

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Post Code: Tel No.

STO Contact Name:

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STO Email Address:

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Total 7-8yrs- Entries @ £22 £.....

Total 9+yrs Entries @ £30 £.....

Relay entries @ £10..... £.....

Poolside Passes @ 3.00£.....

Total Payment Required £ _____

Return form to: Calum Johnston email: ren96comp@gmail.com

Bank Account details: REN 96: Acc No. 00149706 Sort Code 80-91-27
Make cheques payable to: Ren 96 Swim Team

Closing date is Thursday 1st August 2024 at 12pm



REN 96 Swim Team SPRINT PENTAQUA Meet 24th August 2024

POOLSIDE PASS APPLICATION & HEALTH AND SAFETY DECLARATION

CLUB NAME

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Poolside Passes entitle the holder to entry to the poolside, tea/coffee and healthy snacks on arrival and throughout the day, late afternoon lunch. They can be purchased at £6 each per coach/team manager/chaperone per weekend.

Names of coaches / team managers:

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To comply with accreditation and health and safety requirements, please confirm the following:

- I confirm that all the entered swimmers have paid their current SASA Registration Fee.
- I understand that any swimmer entered without a Registration Number will not be allowed to take part.
- I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current guidelines.

Signed.....

Name (please print)

Designation in Club

Thank you for your co-operation - Please complete this form and send payment by Thursday 1st August 2024